

State Of Shock

Choreographed by: Mikael Mölsä (24.5.2012 at 20:45)

Description: 32 counts, 4 wall line dance

Music: State Of Shock by Michael Jackson & Freddie Mercury

Level: Intermediate

Starting point: 32 counts from the moment the guitar starts, at about 0:32. You can alternatively start at the guitar, at about 0:16.

Note: There are two restarts in the dance, on walls 4 and 8. On those walls dance the first 16 counts and restart the dance. If you start at the guitar, the restarts are on walls 5 and 9.

STEPS FORWARD, SIDE STEP, SLIDE TOGETHER, 1/4 RIGHT TURNING SAILOR STEP, 1/4 RIGHT TURNING PIVOT

1-2 Step left forward, step right forward

3-4 Take a big step to left, slide right next to left (weight remains on left)

5&6 Step right behind left, step left next to right, turn 1/4 to right and step right to right diagonal

7-8 Step left forward, turn 1/4 to right (weight ends up on right)

STEP APART, BODY ROLL, HIP BUMPS, 1/4 LEFT TURNING STEP, STEP FORWARD

1-2 Step left to side, step right to side

3-4 Do a body roll from top going down for two counts (weight ends up on your right)

5&6 Bump your hips left-centre-left-centre (weight remains on right)

7-8 Turn 1/4 to left and step left forward, step right forward

Note: Restarts come here on walls 4 and 8.

STEPS FORWARD, POSE, 1/2 RIGHT TURNING PIVOT, STEP FORWARD, STEP TOGETHER

1-2 Step left forward, step right forward

3-4 Step left to side and strike a pose like models at the end of a runway (right hand on the hip, leaning to right hip and flicking your head right, for instance), hold (weight ends up on your right foot)

5-6 Step left forward, turn 1/2 to right

7-8 Step left forward, step right to side (shoulder width apart, weight on both feet)

MASHED POTATOES BACK, HOLD, MASHED POTATOES BACK, STEP FORWARD, TOUCH

&1 Split your heels out, bring your heels in while stepping right back

&2 Split your heels out, bring your heels in while stepping left back

&3-4 Split your heels out, bring your heels in while stepping right back, hold

&5 Split your heels out, bring your heels in while stepping left back

&6 Split your heels out, bring your heels in while stepping right back

&7-8 Shift your weight to your left foot, step right forward, touch left next to right

REPEAT